

Rancho Bernardo Community Presbyterian Church

Senior Moments



Starting in 2012



This winter we are moving from the “Mark Up Your Bible” year into a series titled “Fired Up Conversations.” We want to explore the practical question, “So how do we talk about our faith with those who hold different religious viewpoints?” When we discover someone holds a very different opinion, we often tend toward two extremes: Some of us shut down with the simple answer, “The Bible says it, I believe it, that settles it.” Others of us become frustrated, and even lash out in anger. In other words, we tend to get “fired up” in these uncomfortable conversations that can quickly turn into debates. How can we learn to avoid conversation stopping responses and stay engaged in a genuine respectful dialogue?

Here is the truth: HOW we discuss our differences is as important as WHAT we say. “Fired Up Conversations” are a series of sermons about how we can show God’s love through our civility and respectful dialogues with neighbors. These sermons are based on my doctorates (D. Min and Ph. D.) on the topic of interfaith dialogue between Christians and others. Bring your Bible to church as we explore some examples of interfaith dialogue in the scriptures.

Pastor Bruce



Implementing Our Vision in 2012



Sitting at Starbucks, I watched as two young people, the future of the church, walk past two older men playing chess. As Executive Pastor, my role is to help facilitate and implement the vision that Bruce, Session and ministry leaders develop. In 2012, that vision is about becoming more like Jesus through the church and connecting more with people outside the church. This will lead us into interesting and surprising places. Starbucks, next to Albertsons, is one such place. By drinking coffee there while working on my laptop, I'm practicing getting into the neighborhood. One day moms with preschoolers came in as did Ryan Ross, our Next Generation director. Ryan and those moms help me see the new life flowing into our congregation by way of dozens of new young families. Ryan watched the men his grandfather's age playing chess and together we want to connect that generation of men with dads from our preschool, many of whom have never been to church. My parent's generation and mine have traditions, such as Easter and Christmas, that the next generation wants for their children. Hundreds of them are investigating our church. In 2012, our members and staff will learn to interact with these new people when they are in our church and when they aren't. It's what I am doing, even as I type a sermon on my laptop, waiting for a chance to be engaged by God through someone who thinks they are only there for coffee.

Pastor Neal

Missions in 2012



Our missions around the world are doing well, given the current economic times; they all are having a significant impact on their paths for His purposes. Even though they seem to be squeezing by, they are giving praise to our Lord for all the blessings upon their ministries.

In the first half of this year, I intend to lead two groups on missions trips; Chappy David Walden in the Dominican Republic; and Helen, Pat and Roy in Kenya. Also, while we are in Kenya, we hope to meet and visit one of our newest missions, Overcoming Faith Academy.

While Chappy and Sandee are here at RBCPC for a few weeks in the next month, we will solidify our plans. They carryout wonderful missions: three major prisons as well as children's, seniors and church planting ministries. The most important long term aspect of their ministries is the way they recruit, teach and support local pastors and missionaries to lead these activities and carryout the purpose of each mission. A mission trip to the DR usually includes visits to the prisons, new churches, schools and living facilities for young children and senior care facilities. We meet the leaders and directors and have a great time with the children.

While visiting Kenya, we plan on building a new church in the Maasai Mara south of Nairobi, visiting and working with the children at Elma Barnett Children's Center and seeing some local flora and fauna. In addition, and for the first time, we will be visiting Overcoming Faith Academy, a school which has grown into a ministry that meets the needs of at risk children by providing clean water, food twice a day, preventative medical care and an outstanding education. This mission has expanded to 3 campuses, with 900 children.

So, all in all, we look forward to continuing our close relationships with these ministries throughout this coming year.

Blessings and peace to you, Pastor Ray



ARTS FORUM NEWS

North County Society of Fine Arts Exhibit

The Village Gallery's first exhibit of 2012 is a formidable collection of art representing an incredible array of fascinating subjects.

The images are bold and strong among the forty-four compositions and multi media works of art created by the North County Society of Fine Art Members

This installation of many artistic disciplines will be on display until February 25.

UPCOMING ARTS FORUM EXHIBITS

“Gems and Minerals...Treasures of the Earth”
February 25 - April 12

Who has not been fascinated by the way light plays with certain gems and minerals? Why are some minerals hard and brilliant, while others are soft and metallic? Have you ever been curious about the mystery of crystals, how crystals are formed and behave, the wonders of crystal symmetry? This “Treasures of the Earth” exhibit will give you the opportunity to witness nature at her most extraordinary! This installation will showcase large specimen gems and minerals many of which will be for sale by various members of the Palomar Gem and Mineral Club.



Windjammers

UPCOMING PROGRAMS

February 10

Poway Unified Superintendent, John Collins.

March 10

Director of Presbyterian Urban Ministries, Debra Mitchell.

April 14

Go MonGOLia Mission Trip Presentation
Les and Jeanne Armstrong.

The Windjammers are looking forward to some great programs in the next few months. Last year, the group sponsored some very entertaining programs, which were well attended. Windjammers meet on the second Friday of each month, September thru May. Everyone is welcome, including non-members. The meetings start at 6:30 PM, with a social period, followed by a dinner and the program. The cost is \$7.50 per person, and reservations are encouraged. Details covering the program are published in the Bulletin, and the Lantern. Further information can be obtained by calling Kay Rickels (858) 592-7885.

Prime Time

**Thursdays, Feb. 2 - Mar. 22, 10:30 - 12:30 p.m.,
Fellowship Center.** Full course lunch plus a great program for only \$7.00* per person.

*Except March 22 buffet-\$10.00 per person.

- Feb. 2** **Lillian Palmer & Michael Ruhl -
Big Band Music**
*New Style: Pork Chops - Apple Dumplings
& Ice Cream*
- Feb. 9** **Our Own Gene Pochel - TV Comedy**
Chicken Cacciatore - Valentine Cupcakes
- Feb. 16** **Cowboy Jack Johnson & Friends: North
County Cowboys - Get out your Western
Gear! Brisket - Peach Cobbler & Ice
Cream**
- Feb. 23** **Jack Templeton - RB History**
Orange Chicken - Cookies & Ice Cream
- Mar. 1** **Paul Greenwood - Asst. District Attorney -
Life Stories**
Veggie Lasagna - Cream Puffs
- Mar. 8** **Chris Cook and Friends - Music Program**
Enchiladas Suizas - Flan
- Mar. 15** **Stan Levenson - Author - Adventures**
Irish Beef Stew - Irish Poke Cake
- Mar. 22*** **Resale Shop ~Fashion Show ~Miss Gayle
And The Volunteers**
Ham Buffet - Cheesecake

Slipped Discs



When I become old

When I'm a little old lady, then I'll live with my children and bring them great joy.

To repay all I've had from each girl and boy I shall draw on the walls and scuff up the floor; run in and out without closing the door.

I'll hide frogs in the pantry, socks under my bed. And whenever they scold me, I'll hang my head.

I'll run and I'll romp, always fritter away the time to be spent doing chores every day.

I'll pester my children when they are on the phone. As long as they're busy I won't leave them alone.

Hide candy in closets, rocks in a drawer ... and never pick up what I drop on the floor.

Dash off to the movies and not wash a dish. I'll plead for allowance whenever I wish.

I'll stuff up the plumbing and deluge the floor. As soon as they've mopped it, I'll flood it some more.

When they correct me, I'll lie down and cry, kicking and screaming, not a tear in my eye.

I'll take all their pencils and flashlights, and then .. when they buy new ones, I'll take them again.

I'll spill glasses of milk to complete every meal Eat my banana and just drop the peel.

Put toys on the table, spill jam on the floor. I'll break lots of dishes as though I were four.

What fun I shall have, what joy it will be to live with my children....just the way that they lived with me!

What was that name?

Two couples were enjoying friendly conversation when one of the men asked the other, "Fred, how was the memory clinic you went to last month?"

"Outstanding," Fred replied. "They taught us all the latest psychological techniques-visualization, association-it made a huge difference for me."

"That's great! What was the name of the clinic?"

Fred went blank He thought and thought, but couldn't remember.

Then a smile broke across his face and he asked, "What do you call that flower with the long stem and thorns?"

"You mean a rose?"

"Yes, that's it!" He turned to his wife... "Rose, what was the name of that clinic?"

It's better not to ask!

Worried because they hadn't heard anything for days from their neighboring apartment, Mrs. Silver said to her son,

"Timmy, would you go next door and see how old Mrs. Kirkland is?"

A few minutes later, Timmy returned.

"Well," asked Mrs. Silver, "is she all right?"

"She's fine, except that she's angry at you."

"At me?" the woman exclaimed. "Whatever for?"

"She said 'It's none of your business how old she is,'" snickered Timmy.

Savvy Travelers

Savvy Travelers runs ten one-day trips during each year, one each month except in January and either July or August. The majority are on weekdays, but some are scheduled for Saturdays. Trip prices are determined based on factors including venue admission fees, meal costs and type of bus used, and are normally set at the time that each trip is finalized and opened for sign-ups. Please visit the Savvy Travelers Sundays on the Courtyard.



Feb. 15

Olympic Training Center in Chula Vista

Mar. 24

Pageant of Our Lord presentation at Covenant Church in Rolling Hills (Los Angeles)

Apr. 18

Los Angeles Conservancy walking tour of landmark buildings and locations in downtown Los Angeles

May 16

Palomar Observatory tour in North County

Jun. 6

Docent tour of U.S.S. Midway on San Diego waterfront

Jul. 18

Pageant of the Masters presentation in Laguna Beach

If you have more questions please contact (858) 487-0811, ext. 300.

Elders & Deacons

On January 22, 2012 a new class of Elder / Deacon were Installed & Ordained

Elders

Bill Bokesch*
JaeChele Incognito*
Greg Kritzer*
Janet Tremblay*
Dick Kurtz
Joanna Warren
Ann Wilensky
Craig Murken-Alternate
Jonathan Zabrocki*-Alternate

Deacons

Dee Campbell*
Irene Dunny*
Jeanne Espinoza*
Christina Henkel*
John Mager
Lynne Middleton*
Mel Neville*
Carin Pollack*
Chuck Schroeder*
Joyce Schroeder*
Karen Selezinka*
Karin Spitz*

*ordained



Helping Hands

Do you need help in programming your TV? Maybe we can help. We can also help with light carpentry, electrical, and plumbing jobs. Contact Helping Hands, (858) 487-0811, ext. 239. www.rbcpc.org/helping-hands.

Visitation Volunteers

Our volunteers can be there when family and friends cannot. Would you or someone you know like to have a visitor? Please visit us on the Courtyard or contact the Parish Nurse, (858) 487-0811, ext. 272, parishnurse@roadrunner.com.

**Rancho Bernardo Community
Presbyterian Church**

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Permit No. 2812

Seniors Remember:

“... But by the grace of God, I am
what I am...” I Cor. 15:10

Seniors we love you!
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Letters to the editors and
Email addresses welcome

HAVE YOU
TALKED
WITH GOD
TODAY?

SENIORS REMEMBER

“The real Son of God is at your side. He is beginning to turn you into the same kind of thing as Himself. He is beginning... To ‘inject’ His kind of life and thought into you; Turning the Tin soldier into a live man. The part of you that doesn’t like it, is still Tin.”

C.S. Lewis, Mere Christianity

A Message From The Editors

Senior Moments is a publication to all senior members of our RBCPC family of worshippers: Take a moment to consider the events and activities that are structured to provide services, enjoyments and growth to our seniors.

RBCPC’s membership goal has always been to serve the “whole” family - all genders and ages.