

# The LANTERN

Rancho Bernardo Community Presbyterian Church

## The Lenten Season

### Concert In Worship

*Sun., Mar. 10, 8:30 a.m. & 11:30, Sanctuary.*

*On The Passion Of Jesus Christ:* Give yourself time to reflect on the true meaning of Holy Week. Music touches our deepest emotions as we experience Jesus' suffering and death on the cross.

### Christian Principles To Freedom Seminar

*Three day Seminar:*

*Thurs., Mar. 14, 6:00 - 9:00 p.m., Fri., Mar. 15, 8:30 a.m. - 6:00 p.m., Sat., Mar. 16, 8:30 a.m. - 6:00 p.m.*

This scripture-based program is a great time for healing so that you can grow relationships with others. Contact Marty Klusmeier, (858) 354-0735. Register, [www.hisdwellingplace.com](http://www.hisdwellingplace.com).

### Palm Sunday

*Sat., & Sun., Mar. 23 & 24, Regular Worship times*

Come and celebrate Christ's triumphant entry into Jerusalem.

### Holy Week: Mornings With The Master

*Mon. - Fri., Mar. 25 - 29, 7 - 7:45 a.m., Sanctuary.*

Who were the last people Jesus touched before Golgotha? What about growing relationships can we learn from him? Daily worship leads us closer to the man who showed us the meaning of love.

### Maundy Thursday

*Thurs., Mar. 28, 11 a.m., Sanctuary.*

Come remember the Last Supper of Jesus and prepare for his passion, death and resurrection. Light lunch to follow.

### Lenten Guide

To help with the tendencies to disengage from others, RBCPC has put together a Grow Relationships Lenten Guide so we can better grow relationships. [www.rbcpc.org/lent](http://www.rbcpc.org/lent).

### Good Friday

*Fri., Mar. 29, 7 p.m, Sanctuary.*

As Jesus was suffering the pangs of death he reached out with love. Come and reflect on how Christ sought to grow relationships from the cross.

## Easter Schedule

### Family Easter Worship Service

*Sat., Mar. 30, 9 a.m., Sanctuary.*

Family friendly worship.

### Easter Egg Hunt

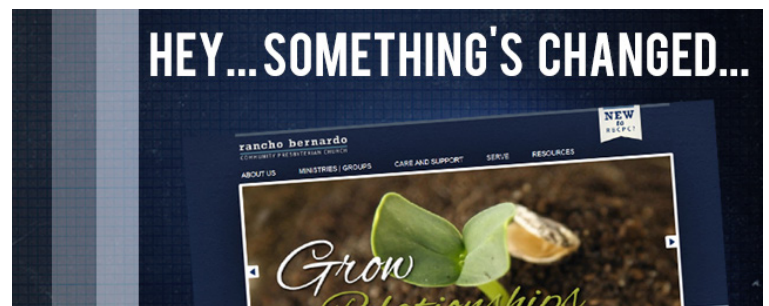
*Sat., Mar. 30, 10 a.m. - noon, Courtyard.*

Live animals, games, crafts, egg hunt, bounce houses, face painting and fun for all!

### Easter Worship Services

*Sat. & Sun., Mar. 30 & Mar. 31, Regular worship times.*

[www.rbcpc.org/easter](http://www.rbcpc.org/easter).



### New RBCPC Website

Along with a stunning new look and feel, our website now has loads of great new features such as: improved navigation, mobile and social media integration, easy to use calendars, and so much more. In addition, our new website is a huge step towards living out our vision: Become Disciples + Grow Relationships + Serve Everywhere. Please take some time to check out this exciting change! [www.rbcpc.org](http://www.rbcpc.org).

# Become Disciples

## Groups

### Core Groups

*Wednesdays, 6:15 - 7:30 p.m., Room 254.*

Core groups are about growing in faith and in community. Contact Ryan Ross, [ryan@rbpc.org](mailto:ryan@rbpc.org).

### KidsKonnnect

*Wednesdays, 6:15 - 7:45 p.m. Room 262.*

High energy, Bible centered program for 2nd - 5th graders designed to help kids connect with God and each other. Contact Chris Luce, (858) 487-0811, ext. 219, [chrisl@rbpc.org](mailto:chrisl@rbpc.org). [www.rbpc.org/kidskonnnect](http://www.rbpc.org/kidskonnnect).

### Serendipity Women's Bible Study

*Tuesdays, 9:30 a.m., Room 231. \$8.50/person.*

Video teaching: *Becoming a Woman of Strength*. Group discussion to follow. Contact Linda Allen, (858) 487-1667, [lindainpoway@yahoo.com](mailto:lindainpoway@yahoo.com).

### Women's Christian Book Club

*Tues., Mar. 19, 7-8:30 p.m., Room 181.*

Joseph M. Stowell's *Perilous Pursuits: Overcoming Our Obsession with Significance*. We've so dutifully mastered the ability to defend our self-worth, this book helps us learn to redirect our search for significance to the one true source of value - Jesus Christ.

# Grow Relationships

## Events

### Wednesday Night Suppers

*Wednesdays, through Mar. 20, 5:30 - 6:45 p.m.*

Take advantage of a mid-week cooking break and enjoy delicious buffet style food and a great time. Cost \$7.50 / adults, \$5 /ages 6-15, \$2 /ages 4-5, free /under age 3. Or \$20 /family of 4 (2 adults and 2 children).

### Friday Fun Night

*Fri., Mar. 15, 5:30 - 8 p.m. Room 262, Free.*

1st - 5th Graders. "Sprint into Spring." An evening of fitness, team building activities, a movie, snacks & raffle prizes. Sign-up after KidsLife on Sunday or contact Chris Luce, [cluce@rbpc.org](mailto:cluce@rbpc.org).

### Concert Series: Flowers In Winter

*Sun., Mar. 3, 4 p.m., Sanctuary.*

Featuring RBCPC's Director of Youth Music and Drama, Nina Flowers, See her talents bloom on stage with several of her musical friends, including harpist Sarah Davis, the Houseman String Quartet, pianist Karen Follingstad, San Diego Vocal Jazz Artists, and the San Diego Women's Chorus. A fresh bouquet of flowers in the middle of winter! Contact Amy Wazny, (858) 487-0811, ext. 288, [awazny@rbpc.org](mailto:awazny@rbpc.org).

### Windjammers

*Fri., Mar. 8, 6:30 p.m., Fellowship Center, \$8.50 /person.*

This month Pastor Neal will be speaking about St. Patrick. For added entertainment, we'll have Irish Dancers! Dinner: Corned Beef and Cabbage. Please join us. RSVP Ralph Parris, (858) 487-1711.

### Savvy Traveler's Trip

*Wed., Mar. 20, Orange County.*

Visit to the Bowers Museum followed by lunch at the Tangata Restaurant. Contact, Kay McClain, (858) 451-3569 or Sharon Watkins, (858) 484-1683.

### Prime Time

*Thursdays until Mar. 21, 10:30 a.m. - 12:30 p.m., Fellowship Center, \$7.50/person.*

Prime Time is place for seniors to connect and have a great time. We enjoy a variety of entertainment throughout each season. Cost includes a delicious meal. To RSVP, contact the Welcome Center by Tuesday. (858) 487-0811.

### Grow Your Marriage Seminar

*Sundays, Apr. 7 - May 12, 5:30-7:15 p.m. Free.*

*Safe Haven Marriage* will give you Biblical tools to help heal and strengthen your marriage and improve communications. Led by Scott Wood, Marriage and Family Therapist intern. Contact Scott Wood, (858) 449-1835, [scottwood.lifespring@gmail.com](mailto:scottwood.lifespring@gmail.com).

## Care and Support Events

### Parent As Coach Approach

*Mar. 5 - Apr. 4, 6:30 p.m., Fellowship Center.*

Course is offered in two separate tracks; Tuesday or Thursdays. Diana Sterling walks us through *The Seven Ways to Coach Your Teen in the Game of Life*. [www.dianasterling.com/loving-the-teen-years](http://www.dianasterling.com/loving-the-teen-years).

## **Soaking In God's Presence**

*Sat., Mar. 9, 7:15-8:30 p.m., Room LL50.*

*Theme: A Time For Healing.* Come quiet yourself and rest in God's amazing love. Feel free to dress casually. Please use the lower parking lot. Contact Rachel Gleed, [rgleed@ymail.com](mailto:rgleed@ymail.com).

## **Golden Share Easter Boxes**

Deacons are collecting donations to purchase 20 Easter Gift Boxes for church/community and military families. Donations collected Sundays on the Courtyard or in the Welcome Center. Checks payable to RBCPC with Golden Share in the memo.

## **Care and Support Groups**

### **Grief Recovery Support Group**

*1st & 3rd Sun. of the month, 3:30 - 4:30 p.m., Room 181.*

If you or someone you know is grieving, we invite you to join us. Contact Karan Selezinka, (858) 676-1104.

### **Women's Cancer Prayer & Support Group**

*1st and 3rd Fri., 9 a.m., Room 220.*

Group for women who have, are recovering from, or have survived cancer. We share our hopes and fears and uplift each other in prayer. Contact Susie Hovey, (858)486-3380, [mshovey@cox.net](mailto:mshovey@cox.net).

### **Divorce Care**

*Tuesdays, 6:30 - 8:00 p.m., Room 181.*

Separation and divorce is painful and stressful. You don't have to go through it alone. Divorce Care groups meet weekly to help you face these challenges.

Contact Laura McDermott, (858) 487-0811, ext. 221.

## **Serve Everywhere**

### **Trips**

### **All-Church Mexico House Building**

*Fri. - Mon., Mar. 22 - 25th.*

*Cost, \$300. Minimum Donation, \$150.*

We are really excited to return to Mexico and partner with our friends at Amor Ministries to provide homes for needy families in the greater Tijuana area. This trip is open to anyone who would like to come. No construction experience necessary, just the willingness to work. Contact Dawn Neldon, [dneldon@rbpc.org](mailto:dneldon@rbpc.org).

## **FYI**

### **Parish Nurses**

*Sundays, 9:30 a.m., Courtyard.*

Heartburn is a painful burning feeling which almost everyone experiences at one time or another. Tips about helpful lifestyle changes to help minimize heartburn. Digestive health info and blood pressure screenings are available.

### **Flu Season**

The best way to reduce your risk of developing the flu is to get the flu vaccine. Flu shots are readily available throughout the community. Parish nurses have a listing of many flu shot locations. Contact the parish nurse if you need assistance. [parishnurse@roadrunner.com](mailto:parishnurse@roadrunner.com).

### **Library**

The library has many new books on the shelves and is open after services on Sunday morning. Volunteers will be there to assist you. For a complete list of new books visit the library, [www.rbpc.org/library](http://www.rbpc.org/library).

### **Resale Shops**

Our resale shops depend on our congregation for good quality donations and cheerful, caring volunteers so that we can contribute to our missions and Serve Everywhere. Right now we are in need of tools, furniture and clothing. Contact (858) 486-5023.